

UNDERSTANDING SENIOR LIVING



INDEPENDENT LIVING

- Apartments, town homes, cottages
- Monthly fee
- Dining services and housekeeping
- Scheduled transportation and activities
- Home Care can be arranged by resident if needed



MEMORY CARE

- Secure neighborhood
- Specially trained staff in dementia care



REHAB & RECOVERY

- Skilled nursing care to treat, manage, and evaluate care
Examples: physical, occupational and speech therapy



HOSPICE

- Care for terminally ill individuals in a private home or healthcare setting



ASSISTED LIVING

- Assistance with daily activities
- Scheduled transportation and activities
- Medication management



LONG-TERM HEALTH CARE

- 24 hour care to residents living with chronic health conditions



RESPIRE / DAY SERVICES

- Short-term stay in Assisted Living or Long-Term Care
- Day services for one day (4 to 8 hours)



LIFE PLAN SENIOR LIVING COMMUNITY

- Includes all care options from independent living to skilled nursing in one location
- Fees and contracts



PMMA

THE WAY
YOU WANT
TO LIVE®

